



Summary of Core and Supplemental – Highly Recommended Recommendations: Headache CDEs

Start-up Resource – NINDS Headache CDE Recommendations

The National Institute of Neurological Disorders and Stroke (NINDS) and other Federal agencies and international organizations have the common mission of developing data standards for clinical research. Through the efforts of subject-specific working groups, topic-driven data elements have been created. The first set of Common Data Elements (CDEs) for Headache was developed in 2011. The Core and Supplemental – Highly Recommended data elements to be used by an investigator when beginning a research study in this disease/disorder are listed in this resource document. All other recommendations are listed on the website and should be considered based on study type.

Each CDE or instrument could be classified according to the definitions below:

General Core: A data element that is required for all NINDS funded studies.

Disease Core: A data element that collects essential information applicable to any disease-specific study, including all therapeutic areas. The NINDS and its appointed working groups assign the disease “Core” classification based on the current clinical research best practices. In each case, the disease Core CDEs are a small subset of the available CDEs, where it is anticipated that investigators will need to collect the disease Core CDEs on any type of study. These are required for all disease-specific studies.

Disease Supplemental - Highly Recommended: A data element which is essential based on certain conditions or study types in clinical research studies. In most cases, these have been used and validated in the disease area. These data elements are strongly recommended for the specified disease condition, study type or design.

Disease Supplemental: A data element which is commonly collected in clinical research studies. Use depends upon the study design, protocol or type of research involved. These are recommended, but not required, for studies.

Disease Exploratory: A data element that requires further validation but may fill current gaps in the CDEs and/or substitute for an existing CDE once validation is complete. Such data elements show great promise but require further validation before they are ready for prime-time use in clinical research studies. They are reasonable to use with the understanding that it has limited validation in the target group.



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| <p>National Institute of Health (NIH) Resources: <i>The NINDS also strongly encourages researchers to use these NIH developed materials for NINDS-sponsored research, when appropriate. Utilization of these resources will enable greater consistency for NINDS-sponsored research studies. These tools are free of charge.</i></p> | <ul style="list-style-type: none"> <li style="text-align: center;">• NIH Toolbox <li style="padding-left: 20px;">• Quality of Life in Neurological Disorders (Neuro-QOL) • Patient-Reported Outcomes Measurement Information System (PROMIS) |
|--|--|

Core CDEs for all NINDS Studies¹:

| Domain; Subdomain | CDE Name | CDE ID | Study Type |
|---|---|--------|-------------|
| Participant Characteristics; Demographics | Birth date | C00007 | All studies |
| Participant Characteristics; Demographics | Ethnicity USA category | C00020 | All studies |
| Participant Characteristics; Demographics | Race USA category | C00030 | All studies |
| Participant Characteristics; Demographics | Birth sex assigned type | C58676 | All studies |
| Participant Characteristics; Demographics | Gender identity type | C58677 | All studies |
| Participant History and Family History; General Health History | Medical history condition text | C00322 | All studies |
| Participant History and Family History; General Health History | Medical history condition SNOMED CT code | C00313 | All studies |

Core CDEs for Headache Studies:

| Domain; Subdomain | CDE Name | CDE ID |
|---|---------------------------|--------|
| Participant Characteristics; Demographics | Assessment performed date | C19500 |

¹ Note: Education year count C00015 is no longer a general Core CDE



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| Domain; Subdomain | CDE Name | CDE ID |
|---|--------------------------------------|--------|
| Participant Characteristics; Social Status | Education level USA type | C00012 |
| Participant Characteristics; Social Status | Education year count | C00015 |
| Participant Characteristics; Social Status | Marital or partner status | C00207 |
| Participant Characteristics; Social Status | Employment current status | C00204 |
| Assessments and Examination; Vital Signs and Other Body Measures | Vital signs date and time | C01519 |
| Assessments and Examinations; Vital Signs and Other Body Measures | Blood pressure systolic measurement | C01565 |
| Assessments and Examinations; Vital Signs and Other Body Measures | Blood pressure diastolic measurement | C01507 |
| Assessments and Examinations; Vital Signs and Other Body Measures | Weight measurement | C01541 |
| Assessments and Examination; Vital Signs and Other Body Measures | Weight unit of measure | C01581 |
| Assessments and Examinations; Vital Signs and Other Body Measures | Height measurement | C01522 |



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| Domain; Subdomain | CDE Name | CDE ID |
|--|--|--------|
| Assessments and Examinations; Vital Signs and Other Body Measures | Height unit of measure | C01582 |
| Assessments and Examinations; Laboratory Tests and Biospecimens/Biomarkers | Headache 28 day prior to sample collection frequency | C56059 |

Supplemental-Highly Recommended CDEs for Headache studies:

| Domain; Subdomain | CDE Name | CDE ID |
|--|---|--------|
| Participant Characteristics; Demographics | Education year count | C00015 |
| Assessments and Examinations; Laboratory Tests and Biospecimens/Biomarkers | Premenopausal indicator | C15618 |
| Assessments and Examinations; Laboratory Tests and Biospecimens/Biomarkers | Menopause indicator | C16174 |
| Assessments and Examinations; Laboratory Tests and Biospecimens/Biomarkers | Post-menopausal indicator | C16177 |
| Assessments and Examinations; Laboratory Tests and Biospecimens/Biomarkers | Specimen collected for biomarker indicator | C56093 |
| Assessments and Examinations; Laboratory Tests and Biospecimens/Biomarkers | Biomarker specimen type | C56102 |
| Assessments and Examinations; Laboratory Tests and Biospecimens/Biomarkers | Specimen centrifugation performed indicator | C56123 |
| Assessments and Examinations; Laboratory Tests and Biospecimens/Biomarkers | Specimen centrifugation temperature value | C55004 |

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| Domain; Subdomain | CDE Name | CDE ID |
|--|--|--------|
| Assessments and Examinations; Laboratory Tests and Biospecimens/Biomarkers | Other processing method performed indicator | C56127 |
| Assessments and Examinations; Laboratory Tests and Biospecimens/Biomarkers | Specimen frozen indicator | C56129 |
| Assessments and Examinations; Laboratory Tests and Biospecimens/Biomarkers | Original specimen repeated refrozen rethawed indicator | C56130 |
| Assessments and Examinations; Laboratory Tests and Biospecimens/Biomarkers | Frozen aliquot volume value | C56131 |
| Assessments and Examinations; Laboratory Tests and Biospecimens/Biomarkers | Frozen aliquot volume unit of measure | C56133 |
| Assessments and Examinations; Laboratory Tests and Biospecimens/Biomarkers | Specimen freezing time | C56134 |
| Assessments and Examinations; Laboratory Tests and Biospecimens/Biomarkers | Specimen storage temperature value | C55009 |
| Outcomes and End Points; Patient Reported Outcomes | Condition diary date and time | C10626 |
| Outcomes and End Points; Patient Reported Outcomes | Diary day headache indicator | C15966 |
| Outcomes and End Points; Patient Reported Outcomes | Diary day migraine indicator | C15967 |
| Outcomes and End Points; Patient Reported Outcomes | Headache start date and time | C56777 |
| Outcomes and End Points; Patient Reported Outcomes | Headache end date and time | C15977 |
| Outcomes and End Points; Patient Reported Outcomes | Headache migraine onset time | C56043 |
| Outcomes and End Points; Patient Reported Outcomes | Headache migraine end time | C56044 |
| Outcomes and End Points; Patient Reported Outcomes | Headache or migraine medication taken type | C15969 |
| Outcomes and End Points; Patient Reported Outcomes | Headache or migraine medication taken other text | C19034 |
| Outcomes and End Points; Patient Reported Outcomes | Pain present eleven point intensity scale | C22804 |
| Outcomes and End Points; Patient Reported Outcomes | Headache severity scale | C56042 |

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| Domain; Subdomain | CDE Name | CDE ID |
|--|--|--------|
| Outcomes and End Points; Patient Reported Outcomes | Headache typical severity type | C15937 |
| Outcomes and End Points; Patient Reported Outcomes | Headache typical pain intensity scale | C15917 |
| Outcomes and End Points; Patient Reported Outcomes | Headache typical pain type | C15950 |
| Outcomes and End Points; Patient Reported Outcomes | Headache typical pain other text | C19032 |
| Outcomes and End Points; Patient Reported Outcomes | Laterality type | C02411 |
| Outcomes and End Points; Patient Reported Outcomes | Headache worst pain anatomic site | C15899 |
| Outcomes and End Points; Patient Reported Outcomes | Headache pain hurt most eye type | C56778 |
| Outcomes and End Points; Patient Reported Outcomes | Headache worst pain anatomic other text | C19027 |
| Outcomes and End Points; Patient Reported Outcomes | Headache sound aggravate indicator | C56779 |
| Outcomes and End Points; Patient Reported Outcomes | Migraine headache light indicator | C53077 |
| Outcomes and End Points; Patient Reported Outcomes | Headache worse during activity indicator | C15961 |
| Outcomes and End Points; Patient Reported Outcomes | Headache warning symptom indicator | C15971 |
| Outcomes and End Points; Patient Reported Outcomes | Headache premonitory symptom type | C56785 |
| Outcomes and End Points; Patient Reported Outcomes | Headache aura symptom type | C15972 |
| Outcomes and End Points; Patient Reported Outcomes | Headache reduce activity level indicator | C56780 |
| Outcomes and End Points; Patient Reported Outcomes | Headache typical level activities affected result | C15939 |
| Outcomes and End Points; Patient Reported Outcomes | Headache post initial study medication time interval | C15975 |
| Outcomes and End Points; Patient Reported Outcomes | Headache post initial study medication date and time | C15976 |
| Outcomes and End Points; Patient Reported Outcomes | Headache associated symptom type | C15897 |
| Outcomes and End Points; Patient Reported Outcomes | Headache retire bed indicator | C15893 |
| Outcomes and End Points; Patient Reported Outcomes | Headache re-start date and time | C15978 |
| Outcomes and End Points; Patient Reported Outcomes | Headache re-start end date and time | C15979 |
| Outcomes and End Points; Patient Reported Outcomes | Headache re-start pain medication indicator | C56781 |
| Outcomes and End Points; Patient Reported Outcomes | Headache re-start medication taken type | C56782 |



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| Domain; Subdomain | CDE Name | CDE ID |
|--|---|--------|
| Outcomes and End Points; Patient Reported Outcomes | Headache re-start medication taken other text | C56784 |
| Outcomes and End Points; Patient Reported Outcomes | Headache re-start medication taken time | C56783 |
| Outcomes and End Points; Patient Reported Outcomes | Headache affect activity level indicator | C15962 |
| Outcomes and End Points; Patient Reported Outcomes | Headache affected activity type | C15980 |

General Core for all Studies:

Investigators should review the FDA’s ["Guidance for Industry: Suicidal Ideation and Behavior: Prospective Assessment of Occurrence in Clinical Trials"](#) for the most up-to-date information about suicidal ideation and behavior. One scale that FDA suggests is the Columbia Suicide Severity Rating Scale (C-SSRS) (available at [Columbia Suicide Severity Rating Scale Website](#)).

Headache Core Instruments: The International Classification of Headache Disorders - III (*ICHD-3*) is recommended for use in all Headache studies.

Headache Supplemental Highly Recommended Instruments:

1. [Headache Impact Test-6 \(HIT-6\)](#)
2. [ID Migraine Screener](#)
3. [Migraine Disability Assessment Test \(MIDAS\)](#) *OR* [Pediatric Migraine Disability Assessment Questionnaire \(PedMIDAS\)](#)
4. [Migraine Specific Quality of Life Questionnaire \(MsQoL v2.1\)](#)
5. [Generalized Anxiety Disorder \(GAD-7\)](#)
6. [Patient Health Questionnaire-4 \(PHQ-4\)](#) *OR* [Patient Health Questionnaire-9 \(PHQ-9\)](#) [Depression Scale](#)

For the complete list of NINDS CDE recommendations for Headache, please see the [NINDS CDE website](#).