

Survey Screen for Sleep Apnea (SSSA)

Availability	<b>Please email the authors for information about obtaining the instrument:</b> <a href="mailto:fgm@mail.med.upenn.edu">fgm@mail.med.upenn.edu</a>
Classification:	Supplemental for Parkinson’s Disease (PD)
Short Description of Instrument:	<p>The Survey Screen for Sleep Apnea (SSSA) contains 13 self-report symptom frequency questions that are designed to distinguish between individuals who suffer from sleep apnea and individuals who do not.</p> <p>The symptoms included in the questionnaire are associated with sleep disorders such as sleep apnea-related symptoms, difficulty sleeping symptoms, EDS symptoms, and narcolepsy-like symptoms. From these 13 symptoms, 3 were related to sleep-disordered breathing/apnea.</p>
Scoring:	The patient must classify each symptom according to the frequency of appearance over the past month on a scale of 0 to 4.
References:	<p>Maislin G, Pack AI, Kribbs NB, et al. A survey screen for prediction of apnea. <i>Sleep</i> 1995;18:158-166.</p> <p>Maislin G, Garubhagavatula I, Hachadoorian R, Pack F, O’Brien E, Staley B, Dinges DF, Pack AI. Operating characteristics of the multivariable apnea prediction index in non-clinic populations <i>Sleep</i> 26 Abstract Supplement 2003, 0618.J, page A247.</p>