

Sleep Apnea Scale of Sleep Disorders Questionnaire (SDQ-SA)

Availability	Please email the author for information about obtaining the instrument: Alan.Douglass@theroyal.ca
Classification:	Supplemental for Parkinson’s Disease (PD)
Short Description of Instrument:	The Sleep Apnea Scale of the Sleep Disorders Questionnaire(SDQ-SA) is a 12-item scale that measures sleep-related breathing disorders.
Scoring:	Each question has 5 response options related to the frequency of each situation.
References:	<p>Hagell P, Broman JE. Measurement properties and hierarchical item structure of the Epworth Sleepiness Scale in Parkinson's disease. J Sleep Res 2007;16:102-109.</p> <p>Douglass AB, Bornstein R, Nino-Murcia G, et al. The Sleep Disorders Questionnaire. I: Creation and multivariate structure of SDQ. Sleep 1994;17:160-167.</p>