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Short Form Health Survey-12 (SF-12)**

Availability:	Please visit this website for more information about this instrument Short Form Health Survey 12 .
Classification:	Supplemental: Chiari I Malformation (CM), Headache, Multiple Sclerosis (MS), Neuromuscular Disease (NMD) and Traumatic Brain Injury (TBI)
Short Description of Instrument:	<p>Construct measured: Functional health and well-being.</p> <p>Generic vs. disease specific: Generic.</p> <p>Means of administration: Interview or Self-Administered.</p> <p>Intended respondent: Patient.</p> <p># of items: 12.</p> <p># of subscales and names of sub-scales: 8 – Physical Functioning, Role –Physical, Bodily Pain, General Health, Vitality, Social Functioning, Role-Emotional, Mental Health.</p> <p># of items per sub-scale: Varies.</p>
Comments/Special Instructions:	<p>Scoring: Scores are calibrated so that 50 is the average score or norm. This norm-based score allows comparison among the three surveys and across the more than 14,000 studies published in the past 20 years.</p> <p>Background: Optum Incorporated’s SF-12v2® Health Survey is a shorter version of the SF-36v2® Health Survey that uses just 12 questions to measure functional health and well-being from the patient’s point of view.</p>
Rationale/ Justification:	<p>Strengths/ Weaknesses: Particularly useful in large population health surveys or for applications that combine a generic and disease-specific health survey. Available in multiple language translations, the SF-12v2 covers the same eight health domains as the SF-36v2 with one or two questions per domain.</p> <p>Psychometric Properties: The SF-12v2 is a practical, reliable, and valid measure of physical and mental health.</p> <p>Administration: These surveys are for adults 18 years of age and older, and can be self-administered or interview-administered. Multiple other modes of administration are offered, such as online, PDA, and more. Translations are available for multiple languages and countries. Administration takes only 2-3 minutes.</p>
References:	<p>Ware JE Jr., Kosinski M., Turner-Bowker DM, Gandek B. How to Score Version 2 of the SF-12v2® Health Survey (With a Supplement Documenting SF-12® Health Survey) Lincoln, RI: QualityMetric Incorporated, 2002.</p> <p>Ware JE Jr., (2055). Sf-12 Health Survey (Version 1.0). Retrieved from University of Wollongong.</p>