

**NINDS CDE Notice of Copyright
Satisfaction with Life Scale-Child (SWLS-C)**

| | |
|--|--|
| Availability: | <p>The instrument is freely available here: The Satisfaction with Life Scale-Child Instrument</p> <p>The official citation that should be used when referencing this material is: Gadermann, A. M., Schonert-Reichl, K. A., & Zumbo, B. D. Investigating validity evidence of the Satisfaction with Life Scale adapted for Children. <i>Social Indicators Research</i>. 2012; 96(2):229–247.</p> |
| Classification: | <ul style="list-style-type: none"> • Supplemental: Spinal Cord Injury (SCI)-Pediatric (ages 10 and over) |
| Rationale for inclusion and Classification: | <p>The Satisfaction With Life Scale (Diener et al., 1985) was adapted for children by Dr. Kimberly Schonert-Reichl and her research team at the University of British Columbia. The SWLS-C is currently used at a population level in several school districts in British Columbia, Canada, as part of the Middle-Years Development Instrument (MDI), a self-report questionnaire for children ages 10 and above.</p> |
| Short Description of Instrument: | <p>The SWLS-C measures the respondents overall satisfaction with life. It consists of 5 questions answered on a 5-point Likert scale ranging from 1=strongly disagree to 5=strongly agree. Advantages are that it's quick and easy, and also allows for a lifespan perspective as one could easily transition to the adult version when needed. Of note, the child version is not very different from the adult version, and incorporates one slight wording change.</p> |
| Scoring: | <p>Total score ranges from 5–25. Higher scores indicate better satisfaction with life.</p> |
| References: | <p>Diener, E., Emmons, R. A., Larsen, R. J., & Griffin, S. (1985). The Satisfaction With Life Scale <i>J Pers Assess</i>, 49(1), 71–75.</p> <p>Gadermann, A. M., Guhn, M., & Zumbo, B. D. (2011). Investigating the Substantive Aspect of Construct Validity for the Satisfaction with Life Scale Adapted for Children: A Focus on Cognitive Processes. <i>Soc Indic Res</i>, 100(1), 37–60.</p> <p>Gadermann, A. M., Schonert-Reichl, K. A., & Zumbo, B. D. (2010). Investigating Validity Evidence of the Satisfaction with Life Scale Adapted for Children. <i>Soc Indic Res</i>, 96(2), 229–247.</p> |