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Quality of Life in Swallowing Disorders (SWAL-QOL)**

Availability:	This instrument is available at SWAL-QOL . For further information please contact Dr. Colleen McHorney at cam1325@comcast.net .
Classification:	Supplemental in ALS.
Short Description of Instrument:	The Quality of Life in Swallowing Disorders (SWAL-QOL) (McHorney et al., 2000a, 2000b, 2002) was specifically designed to assess dysphagia-related impact on patients and its validity has been assessed in varied samples of patients, including patients with neurodegenerative diseases (Rinkel et al., 2009; Timmerman et al., 2014). The SWAL-QOL can be administered by an interviewer, self-administered, or be completed by a proxy (i.e., a close family member) (McHorney et al., 2000a).
Scoring:	The SWAL-QOL is a 44 item tool that assesses 10 quality-of-life concepts related to swallowing on a 5 point scale. The 10 quality-of-life concepts include: Food selection, Burden, Mental health, Social functioning, Fear, Eating duration, Eating desire, Communication, Sleep and Fatigue (McHorney et al., 2002).

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