

**NINDS CDE Notice of Copyright
Nurick (Ambulatory Function) Grade**

Availability:	Please visit this website for more information about the instrument: Nurick (Ambulatory Function) Grade .
Classification:	Supplemental – Highly Recommended: Chiari I Malformation (CM)
Short Description of Instrument:	Purpose: Nurick's classification system is aimed at patients presenting with myelopathy on the basis of gait abnormalities. This grading scale also assess ambulatory functions, and includes a lower limb component.
Comments / Special Instructions:	The Nurick Classification System was developed to assess the importance of ischaemia of the spinal cord caused by spondylosis (Nurick, 1972).
Scoring:	<p>Scoring: The scale works from 0–5, with higher scores indicating more severe injuries. The scores are as follows:</p> <ul style="list-style-type: none"> Grade 0: Signs or symptoms of root involvement but without evidence of spinal cord disease Grade 1: Signs of spinal cord disease but no difficulty in walking Grade 2: Slight difficulty in walking which did not prevent full-time employment Grade 3: Difficulty in walking which prevented full-time employment or the ability to do all housework, but which was not so severe as to require someone else's help to walk Grade 4: Able to walk only with someone else's help or with the aid of a frame Grade 5: Chair bound or bed ridden
Rationale / Justification:	A very well established functional disability scale, widely used for decades, and well validated.

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References:	<p>Key Reference:</p> <p>Nurick S. The pathogenesis of the spinal cord disorder associated with cervical spondylosis. <i>Brain</i>. 1972;95(1):87–100.</p> <p>Additional References:</p> <p>Guirado VM, Taricco MA, Nobre MR, Couto EB, Jr., Ribas ES, Meluzzi A, Brock RS, Dias MR, Rodrigues R, Teixeira MJ. Quality of life in adult intradural primary spinal tumors: 36-Item Short Form Health Survey correlation with McCormick and Aminoff-Logue scales. <i>J Neurosurg Spine</i>. 2013;19(6):721–735.</p> <p>Revanappa KK, Rajshekhar V. Comparison of Nurick grading system and modified Japanese Orthopaedic Association scoring system in evaluation of patients with cervical spondylotic myelopathy. <i>Eur Spine J</i>. 2011;20(9):1545–1551.</p>
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