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Moorong Self-Efficacy Scale (MSES)**

Availability:	Please visit this website for more information about the instrument: Please Click Here for the Moorong Self-Efficacy Scale (MSES)
Classification:	Supplemental: Spinal Cord Injury (SCI) Note: Not recommended for SCI-Pediatric (no child data; normed with adults only)
Short Description of Instrument:	The MSES is a 16-item measure used to assess self-efficacy in performing activities of daily living among individuals with SCI. Developed to measure self-efficacy in performing functional activities of daily living in individuals with SCI. Consists of two factors: daily activities (e.g., I can maintain my personal hygiene with or without help), and social functioning (e.g., I can enjoy spending time with my friends).
Scoring and Psychometric Properties:	Participants rate their ability to complete certain tasks on a seven point-scale with 1 as "very uncertain " to 7 as "very certain." Scores range from 16 to 112 with higher scores indicating higher self efficacy. For the factor or subscale scores, add: - for factor "Daily Activities/Instrumental Self-efficacy" subscale score: sum the 7 items (good health, work, accomplishing things, personal hygiene, persistence in learning things, fulfilling lifestyle, household participation) -for factor "Social Functioning/Interpersonal Self-efficacy" subscale score: sum the 8 items (maintaining contact, friends, family relationships, unexpected problems, fulfilling lifestyle, leisure, accomplishing things, household participation). Psychometric Properties: Factorial and concurrent validity of the MSES as a self-efficacy measure for people with SCI were verified by a study (Miller 2009) in which participants completed the MSES along with other scales: the Satisfaction with Life Scale (SWLS); Personal Resources-2000 (PRQ-2000); and the Center for Epidemiological Studies – Depression Scale – 10 item version (CESD-10). MSES scores were significantly related to the other scales: SWLS: $r = 0.51, p < 0.001$ PRQ-2000: $r = 0.56, p < 0.001$ CESD-10: $r = -0.54, p < 0.001$

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References:	<p>Brooks J, Miller Smedema S, Tu W-M, Eagle D, Catalano D, Chan F Psychometric Validation of the Moorong Self-Efficacy Scale in People With Spinal Cord Injury: A Brief Report. 2014; Rehabilitation Counseling Bulletin, Dec., 1-4. DOI: 10.1177/0034355214523506.</p> <p>Middleton JW, Tate RL, Geraghty TJ. Self-Efficacy and Spinal Cord Injury: Psychometric Properties of a New Scale. Rehab Psychol, 2003; 48(4), 281–288.</p> <p>Miller SM, The measurement of self-efficacy in persons with spinal cord injury: psychometric validation of the moorong self-efficacy scale. 2009; Disabil Rehabil, 31(12), 988–993.</p> <p>Munce SE, Straus SE, Fehlings MG, Voth J, Nugaeva N, Jang E, Webster F, Jaglal SB. Impact of psychological characteristics in self-management in individuals with traumatic spinal cord injury. Spinal Cord. 2016 Jan;54(1):29-33. doi: 10.1038/sc.2015.91. Epub 2015 Jun 9. PMID: 26055818 Review: Noonan V, Chan C. 2013. Moorong Self-Efficacy Scale (MSES). Retrieved from http://www.scireproject.com/outcome-measures-new/moorong-self-efficacy-scale-mses, 1 February, 2016.</p>
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