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Mood Disorder Questionnaire (MDQ)**

<b>Availability:</b>	Please email the authors for information about obtaining the instrument: <a href="mailto:rohirsch@utmb.edu">rohirsch@utmb.edu</a>
<b>Classification:</b>	<b>Supplemental:</b> Headache and Mitochondrial Disease (Mito)
<b>Short Description of Instrument:</b>	The Mood Disorder Questionnaire (MDQ) is a screening instrument for bipolar disorder that can easily be utilized in primary care settings. The MDQ can correctly identify 7 of 10 patients with bipolar disorder, while 9 of 10 patients without bipolar disorder would be correctly screened out. The MDQ includes 13 questions plus items assessing clustering of symptoms and functional impairment. The MDQ can provide primary care physicians with a quick and easy way to identify patients most likely to have bipolar disorder.
<b>Scoring:</b>	If the patient answers “Yes” to seven or more of the 13 items in question number 1 and “Yes” to question number 2 as well as “Moderate” or “Serious” to question number 3 this would indicate a positive screen.
<b>References:</b>	Hirschfeld RMA, Williams JBW, Spitzer RL, et al. Development and validation of a screening instrument for bipolar spectrum disorder: The Mood Disorder Questionnaire. <i>Am J Psychiatry</i> . 2000;157:1873-1875.  Maizels M, Smitherman TA, Penzien DB. A Review of Screening Tools for Psychiatric Co morbidity in Headache Patients. <i>Headache</i> . 2006; 46 [Suppl 3]:S98-S109.