

## Mini Nutritional Assessment (MNA)

Availability	The instrument is freely available here: <a href="#">PLEASE CLICK HERE FOR MORE INFORMATION</a>
Classification:	Supplemental
Short Description of Instrument:	<p>The MNA® is a validated nutrition screening and assessment tool that can identify geriatric patients age 65 and above who are malnourished or at risk of malnutrition.</p> <p>The assessment was developed by Nestle and leading international geriatricians and remains one of the few validated screening tools for the elderly. It has been well validated in international studies in a variety of settings and correlates with morbidity and mortality.</p>
Scoring:	Total score is sum of the assessment and screening section scores. If greater than 23.5, patient is in normal state of nutrition; if less than 23.5, patient is referred to a specialist for nutrition intervention.
References:	Langkamp-Henken B. Usefulness of the MNA in the long-term and acute-care settings within the United States. J Nutr Health and Aging. 2006 Nov-Dec;10 (6) 502-06.