

Edmonton Symptom Assessment System (ESAS)

Availability:	Please email the author for information about obtaining the instrument: ebruera@mdanderson.org
Classification:	Supplemental
Short Description of Instrument:	The Edmonton Symptom Assessment System (ESAS) is designed to assist in the assessment of subjects at the end of life. Nine patient symptoms are assessed: pain, tiredness, nausea, depression, anxiety, drowsiness, appetite, well-being and shortness of breath.
Scoring:	A scale from 0 -10 is used (none to worst possible).
References:	Bruera E, Kuehn N, Miller MJ, Selmser P, Macmillan K. The Edmonton symptom assessment system (ESAS): a simple method for the assessment of palliative care patients. J. Palliat Care 1991; 7(2):6-9.