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Berlin Questionnaire**

Availability:	The instrument is freely available here: Berlin Questionnaire
Classification:	<p>Supplemental: Parkinson’s Disease (PD)</p> <p>Exploratory: Spinal Cord Injury (SCI)</p> <p>*Note: not recommended for SCI-Pediatric</p>
Short Description of Instrument:	The Berlin Questionnaire was developed in 1996 at the Conference on Sleep in Primary Care in Berlin, Germany. This scale measures sleep apnea and is administered by the participant with caregiver assistance.
Scoring:	Participants are considered to be at high risk for sleep apnea if they qualify for at least two risk factors.
References:	<p>Chung, F., Yegneswaran, B., Liao, P., Chung, S. A., Vairavanathan, S., Islam, S., . . . Shapiro, C. M. (2008). Validation of the Berlin questionnaire and American Society of Anesthesiologists checklist as screening tools for obstructive sleep apnea in surgical patients. <i>Anesthesiology</i>, 108(5), 822–830.</p> <p>Netzer, N. C., Hoegel, J. J., Loubé, D., Netzer, C. M., Hay, B., Alvarez-Sala, R., & Strohl, K. P. (2003). Prevalence of symptoms and risk of sleep apnea in primary care. <i>Chest</i>, 124(4), 1406–1414.</p> <p>Netzer, N. C., Stoohs, R. A., Netzer, C. M., Clark, K., & Strohl, K. P. (1999). Using the Berlin Questionnaire to identify patients at risk for the sleep apnea syndrome. <i>Ann Intern Med</i>, 131(7), 485–491.</p>