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Behavior Rating Inventory of Executive Function-Self Report (BRIEF-SR)

Availability:	Please visit this website for more information about the instrument: http://www4.parinc.com/Products/Product.aspx?ProductID=BRIEF-SR
Classification:	Supplemental
Short Description of Instrument:	<p>The Behavior Rating Inventory of Executive Function-Self Report (BRIEF-SR) is useful in evaluating and treating adolescents (11 to 18 years of age) who have executive control problems: difficulties with reasoning, self-awareness, flexibility, organization, self-monitoring, memory capacity, or behavioral regulation. This standardized, 80-item self-report scale captures an adolescent's view of his or her own purposeful, goal-directed, problem-solving behavior. This information can help determine how much external support an adolescent needs and how to best build a collaborative working relationship with him or her.</p> <p>The 80 items yield information for eight non-overlapping clinical scales that measure different aspects of executive functioning: Inhibit, Shift (with Behavioral Shift and Cognitive Shift subscales), Emotional Control, Monitor, Working Memory, Plan/Organize, Organization of Materials, and Task Completion. The clinical scales form two broader indexes, the Behavioral Regulation Index (BRI) and the Metacognition Index (MI) which yield an overall summary score called the Global Executive Composite (GEC). The BRIEF-SR also includes two validity scales: Inconsistency and Negativity.</p>
Psychometric Properties:	<p>The BRIEF-SR has demonstrated reliability, validity, and clinical utility as an ecologically valid assessment of executive functions across a range of conditions. The BRIEF-SR scales demonstrate appropriate reliability. Internal consistency is high for the GEC ($\alpha = .96$) and moderate to high for the clinical scales ($\alpha s = .72-.96$). Temporal stability is strong ($r = .89$) for the GEC (over a period of approximately five weeks), and there is strong inter-rater agreement for the GEC with parent ratings on the BRIEF ($r = .56$). Teacher ratings on the BRIEF correlated less strongly with adolescent ratings on the BRIEF-SR (GEC, $r = .25$), but were well within expectations.</p> <p>Correlational analyses with other self-report behavior rating scales (i.e., Child Behavior Checklist/Youth Self-Report [CBCL/YSR], The Behavior Assessment System for Children Self-Report of Personality [BASC-SRP], Child Health Questionnaire [CHQ], Profile of Mood States-Short Form [POMS-SF]) provide evidence of convergent and divergent validity for the BRIEF-SR.</p> <p>Examination of BRIEF-SR profiles in a variety of clinical groups provides further evidence of validity based on clinical utility. BRIEF-SR ratings for groups of adolescents with ADHD-I, ADHD-C, insulin-dependent diabetes mellitus, autism spectrum disorders, and anxiety and depressive disorders showed different patterns of scale elevations for each group compared to matched control groups correlations.</p>
Scoring:	The BRIEF-SR can be completed by any teen who can read at a 5th-grade-or-higher level, including those with attention disorders, language disorders, traumatic brain injury, lead exposure, learning disabilities, high-functioning autism, or other developmental, psychiatric, or medical conditions.
References:	http://www.stoeltingco.com/behavior-rating-inventory-of-executive-function-brief-kit-2257.html