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Beck Anxiety Inventory (BAI)**

Availability:	Please visit this website for more information about the instrument: Beck Anxiety Inventory
Classification:	Supplemental for Epilepsy, Headache and Mitochondrial Disease (Mito),
Short Description of Instrument:	<p>Overview: The Beck Anxiety Inventory (BAI) measures the severity of an individual's anxiety. It is a 21-question multiple-choice self-report inventory that is used for measuring how the subject has been feeling in the last week, focusing primarily on somatic symptoms. This examination is intended to assess short-term anxiety symptoms. The BAI is self-administered or verbally administered by a trained administrator, and each item is descriptive of subjective, somatic, or pain-related symptoms of anxiety. Each question has the same set of four possible answer choices.</p> <p>Psychometric Properties: The BAI is found to discriminate well between anxious and non-anxious diagnostic groups in a variety of clinical populations. The BAI is self-administered or verbally administered by a trained administrator, and each item is descriptive of subjective, somatic, or pain-related symptoms of anxiety.</p>
Scoring:	The BAI items are scored on a scale between 0 and 3 and have a maximum score of 63. Total score (0-63), where Minimal Level of Anxiety (0-7); Mild Anxiety (8-15); Moderate Anxiety (16-25); Severe Anxiety (26-63).
References:	<p>Beck, A.T., An inventory for measuring clinical anxiety: psychometric properties. <i>J Consult Clin Psychol.</i> 1988; 56(6): 893-7</p> <p>Beck AT, Steer RA, Brown GK. <i>Manual for The Beck Depression Inventory - Second Edition (BDI-II)</i>. San Antonio: Psychological Corporation; 1996.</p> <p>Beck AT, Steer RA, Ball R, Ranieri W. Comparison of Beck Depression Inventories -IA and -II in psychiatric outpatients. <i>J Pers Assess.</i> 1996; 67(3): 588-97.</p>